NOVEMBER 2026

Landmark Nursing & Rehabilitation
Life Works Wellness Calendar

Landmark NURSING & REHABILITATION CENTER of WEST MONROE, LLC

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 Spiritual Care: Pentecostal of the Twin Cities **Daylight Savings Time Ends**	**2** 9:00 Newspaper Reading 10:00 Pretty Nails 2:00 Game Club: Bingo	**3** 10:00 Spiritual Care: 1st Baptist West in The Landmark Chapel 2:00 Mind Works: Election Day Word Scramble **Election Day** **In-Room Activity Visits**	Wellness Wednesday **4** 9:00 Get Fit: Exercise 10:00 Wellness Works: Diabetes Basics 2:00 Movie & Popcorn	**5** 10:00 Mind Works: Word Scramble 2:00 Game Club: In Door Volleyball 6:00 Billie Camp Band **In-Room Activity Visits**	**6** 9:00 Get Fit: Exercise 10:00 Game Club: Bingo 2:00 Samaritans Purse Operation Fill a Box	**7** 10:00 Game Club: Bingo 2:00 Game Club: Dominoes
8 10:00 Spiritual Care: Sister Susan Groan of Revival Campground 2:00 Spiritual Care: Bible Study Sis Barbara Martin	**9** 9:00 Newspaper Reading 10:00 Pretty Nails 2:00 Game Club: Bingo **World Freedom Day**	Travel Tuesday **10** 10:00 Spiritual Care: 1st Baptist West in The Landmark Chapel 2:00 Travel Club: Mocktails & Coloring Sheets **In-Room Activity Visits**	**11** 9:00 Get Fit: Exercise 10:00 Music Works: Thank You for the Music Bingo 2:00 Veterans Day Recognition **Veterans Day**	**12** 10:00 Celebrity Beauty and Barber School (Limited Slots) 2:00 Happy Hour 6:00 Billie Camp Band **Happy Hour Day** **In Room Activity Visits**	**13** 9:00 Get Fit: Exercise 10:00 Mind Works: Gratitude A – Z 2:00 Game Club: Bingo **World Kindness Day**	**14** 10:00 Arts & Crafts 2:00 Game Club: Bingo
15 2:00 Spiritual Care: Bible Study Sis Barbara Martin **National Bible Week**	**16** 9:00 Newspaper Reading 10:00 Pretty Nails 2:00 Game Club: Bible Bingo 3:00 Resident Council Meeting	**17** 10:00 Spiritual Care: 1st Baptist West in The Landmark Chapel 2:00 Resident Birthday Party November Birthday Celebration **In-Room Activity Visits**	Wellness Wednesday **18** 9:00 Get Fit: Exercise 10:00 Wellness Works: COPD 2:00 Movie & Popcorn **World COPD Day**	**19** 10:00 Mind Works: Last Letter First 2:00 Art Works: Thanksgiving Tray Décor 6:00Billie Camp Band **In-Room Activity Visits**	**20** 9:00 Get Fit: Exercise 10:00 Mind Works: Turkey Trot Trivia 2:00 Chefs Corner: Caramel Apple Cups	**21** 10:00 Game Club: Bingo 2:00 Game Club: Pickle Ball
22 10:00 Spiritual Care: Brother Chris Hubbard 2:00 Spiritual Care: Bible Study Sis Barbara Martin	**23** 9:00 Newspaper Reading 10:00 Pretty Nails 2:00 Game Club: Domino Bingo	**24** 10:00 Spiritual Care: 1st Baptist West in The Landmark Chapel 2:00 Game Club: Roll and Turkey Feather **Employee Thanksgiving Luncheon**	**25** 10:00 Mind Works: Thanksgiving Name 10 **12:00 Resident Thanksgiving Luncheon w/Family Members** 2:00 Relaxation Thanksgiving Coloring	**26** 	**27** 9:00 Get Fit: Exercise 10:00 Mind Works: Name the Book 2:00 Game Club: Bingo	**28** 10:00 Game Club: Board Games 2:00 Arts & Craft
29 2:00 Spiritual Care: Bible Study Sis Barbara Martin	**30** 9:00 Newspaper Reading 10:00 Pretty Nails 2:00 Art Works: Holiday Ornament Wall Decor					